



BGMH MONTHLY BRIEFING

May 2010

New Hires for April:

Julie Allen, Pharmacist

Welcome to the team!



HR News:

Employees have expressed interest in financial planning education. If there is enough interest, there will be a Dave Ramsey Financial Peace University class offered on site. This is a 13 week course. Please contact Rexann in HR at ext 1221 if interested.

Thank you!

From the CEO:

As our Board Chair, John Harris would say, ". . .what a difference a year makes. . .". As we plan for FY 2011 and the necessary budget documents to be created and approved, it is a perfect time to review a few key elements required for our continuing success:

- First, with community support, a small, rural hospital can not only survive, but thrive.
- Second, we have shown BGMH can prosper, if we all work together.
- Third, following our primary focus, that is, doing what is necessary to ensure we can be here to serve our communities for "The Next Sixty Years", it is imperative for us to focus on our patients and the physicians who put the patients in our facility.
- Fourth, all of us must adhere to the idea that any service we provide will be delivered in the same qualitative manner as any other facility providing the service.
- Fifth, we not only have to be efficient in how we utilize our resources, we have to be proactive in how we create new resources for our use. Daily, we are dealing with federal and state legislative mandates. Daily, we look at where we are, what we are doing, what we can possibly do to control expenses, where we might be able to enhance current services, or create new services.

A major portion of future planning lies in expansion of the clinic's capabilities and changing the environment to one which looks and feels like the hospital we are, that is, rehabilitating, remodeling and/or repurposing, facilities and equipment. Simultaneously, we must look to expanding our acute services and all associated support services.

Some time ago I asked all of you to try something the next time you come to the hospital:

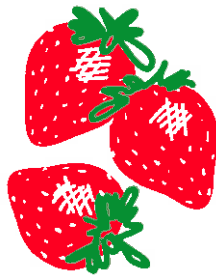
Pretend it is your first time and focus on actively looking and listening. What do you see? What is your perception of the environment? What is your perception of your peers? Is everyone actively supporting our goal to make this the best possible patient experience we can provide? How are we doing?

Managing and working in health care is a remarkably difficult yet rewarding way to earn a living. Every one of us impacts and affects others' lives every time we enter the building. In my opinion, there is simply nothing to compare. I know, none of this is easy and many challenges lie ahead, but, we can, together, do it, if we remember why we are here and what it is we are tasked with accomplishing.

Here's to another great year.

BGMH FOUNDATION NEWS:

The BGMH Foundation has reached the \$50,000 mark in fund raising for the Pink Passion Campaign (digital mammography). There will be several fund raisers in the coming months in order to reach the goal in the fall. ACE Hardware will be having a "Wall of Hope" in the month of June. Any donation made at their store for Pink Passion will get a pink bra displayed on the fence located on the highway. Be sure to check it out!



'Tis the season:

May Harvest of the Month: Strawberries
DID YOU KNOW?????

The seeds of the strawberry are really the fruit while the red fleshy part is the receptacle that holds the parts of the flower together. On average, there are 200 tiny seeds on every strawberry. Strawberries are the most popular berry in the US. Americans eat 3.4 lbs of fresh strawberries each year plus another 1.8 lbs frozen per capita!

Banana Bread with Chocolate Chips (new version)

(Recipe by Chris Haley)

- 1 1/2 cups flour
- 1 1/2 tsp baking powder
- 1/4 tsp baking soda
- 1/4 tsp ground cinnamon
- 1 egg
- 1 cup mashed bananas (3)
- 3/4 cup sugar
- 1/4 cup cooking oil
- 1 tsp finely shredded lemon peel



Now add the best! 12 oz bag of chocolate chips.

Grease bottom and 1/2 inch up side of 8x4x2 inch loaf pan. In medium bowl combine flour, baking powder, baking soda, cinnamon and 1/8 tsp salt. Make a well in center of dry mixture and set aside.

In another bowl, combine the egg, bananas, sugar, oil and lemon peel. Add egg mixture all at once to dry mixture. Stir just until moistened. Optional 1/2 cup nuts.

Pour batter into prepared pan. Bake in 350F oven for 50-55 minutes or until toothpick inserted in the middle comes out clean.

ENJOY!

*Mark
Your
Calendar*

UPCOMING EVENTS:

- June 21st - Hovlid BBQ
- July 16th - Lemonade Stand

Employee Question:

Has Verizon Wireless finalized their employee discount program?

Answer:

No. Verizon Wireless is working on finalizing their discount program for BGMH employees. They expect to be set up in June.



Employee of the Month

Ria
Mattison

Hovlid
May 2010



**UNCOVER A
Great Deal**

TRADING CORNER:

Blaze King Wood Stove for sale. 35" tall, 30" wide, 32" deep. Asking price \$350. See Jim in Cardiopulmonary.